



# 9<sup>th</sup> Asian Preventive Cardiology & Cardiac Rehabilitation Conference

26 - 27 November 2022

Hong Kong Convention and Exhibition Centre

Host Organization



## Second Announcement & Call for Abstracts



Extended Deadline for Abstract Submission:

~~16 September 2022~~

**21 October 2022**

Registration is Now Open!

## Long COVID: Cardiovascular Disease Management and Cardiac Rehabilitation

For up-to-date information, please visit our website at: <http://www.apccrc.com>



The Journal of the Hong Kong College of Cardiology has been revamped and gone online with open access!  
Submit your work and get published at [www.jhkcc.com.hk/journal/](http://www.jhkcc.com.hk/journal/)





## Welcome Message

Cardiovascular diseases, together with the control of its various risk factors, is a global challenge with consequent morbidity, mortality and economic loss. It is currently a major goal of public health to reduce the burden of cardiovascular diseases globally and the remarkable heterogeneity in ethnicity, disease epidemiology, socioeconomic status and access to technology within Asia and between Asia and the Western countries poses additional barrier to the achievement of this important goal.

The Asian Preventive Cardiology and Cardiac Rehabilitation Conference is a biennial regional scientific conference organized by the Hong Kong College of Cardiology. Our mission is to contribute to high-quality professional education in the field of preventive cardiology and cardiac rehabilitation and lead to an improvement in the management of patients with cardiovascular diseases in Asia. This year is the 30<sup>th</sup> Anniversary of the Hong Kong College of Cardiology and we are going to organize the 9<sup>th</sup> Asian Preventive Cardiology and Cardiac Rehabilitation Conference (APCCRC) on 26-27 November 2022 at the Hong Kong Convention and Exhibition Centre. We are proud to see that the conference has become a well-known professional platform for colleagues working or interested in the field of preventive cardiology and cardiac rehabilitation from Hong Kong and other parts of Asia to learn and to share research findings, experience and views. The 9<sup>th</sup> APCCRC will be organized in a hybrid format with both physical and virtual participation.

### Co-Chairmen,

#### Executive Committee:

Dr. CHAN Ngai-Yin  
Prof. LI Sheung-Wai, Leonard

### Honorary Advisory Board:

Dr. CHAN Kam-Tim  
Dr. CHENG Chun-Ho  
Dr. CHIANG Chung-Seung  
Dr. KO Tak-Him, Patrick  
Prof. LAU Chu-Pak  
Dr. LAU Suet-Ting  
Dr. LAU Yuk-Kong  
Dr. LEUNG Kei-Pui  
Dr. LI Shu-Kin  
Dr. TSE Tak-Fu  
Dr. WONG Kwok-Yiu, Chris  
Prof. YU Cheuk-Man

### Executive Committee:

Dr. CHAN Hiu-Lam, Ronnie  
Dr. CHAN Wing-Sze, Carmen  
Dr. CHEONG Yan-Yue, Adrian Piers  
Ms. CHIU Sin-Hing  
Dr. CHOI Man-Chun  
Dr. CHOW Siu-Lun, Eddie  
Dr. FUNG Chi-Yan, Raymond  
Dr. KWAN Wing-Shan, Iris  
Dr. KWONG Shu-Keung  
Dr. LEE Kar-Fai, Victor  
Dr. LEUNG Wai-Suen, Albert  
Dr. LI Ying-Wah, Andrew  
Ms. NG Yuk-Mun  
Dr. SHEA Pui-Gi, Catherine  
Dr. TSANG Chun-Fung, Sunny

The COVID-19 pandemic is an unprecedented global health crisis and cardiovascular health is jeopardized. Therefore, the theme of the forthcoming APCCRC is “**Long COVID in Cardiovascular Disease Management and Cardiac Rehabilitation**”. A group of dedicated experts will be gathered to present a top-notch and comprehensive programme which will cover a wide spectrum of topics, latest advancement and controversies in the field of cardiovascular prevention and cardiac rehabilitation. Furthermore, we will co-organize joint sessions with renowned overseas professional associations for sharing of experience. On the other hand, the well-received workshops for allied healthcare professionals will be organized again this time.

Empowerment of patients, their relatives and the general public is the essence of preventive cardiology. A dedicated public conference will be held at the same time for them.

May we welcome you all to join us in this highly educational biennial conference and collaborate in the global action in reducing the burden of cardiovascular diseases!



**Dr. Ngai-Yin CHAN**  
Co-Chairman, Executive Committee  
9<sup>th</sup> Asian Preventive Cardiology and Cardiac  
Rehabilitation Conference  
Immediate Past President, Hong Kong  
College of Cardiology



**Prof. Leonard Sheung-Wai LI**  
Co-Chairman, Executive Committee  
9<sup>th</sup> Asian Preventive Cardiology and Cardiac  
Rehabilitation Conference



## Call for Abstracts

Participants are cordially invited to submit abstracts for oral or poster presentation. Please submit your abstracts online via the Conference website.

- **Extended Deadline for Abstract Submission: 21 October 2022**
- Notification of acceptance will be sent to presenters by email by early November 2022
- All presenters must register by 4 November 2022. Your abstracts will be considered withdrawn and deleted from the programme if you fail to do so
- Please read the guidelines in the Conference website



### Best Paper Awards and Best Poster Award

All abstract submitters will be considered for the Best Paper Awards and Best Poster Award if their abstracts are accepted by the Scientific Programme Committee. Details of different awards are as follows:

1. Two Best Paper Awards: Abstracts accepted for oral presentations will be shortlisted for the competition of the Dr. Chu-Pak Lau Best Paper Award in Preventive Cardiology and Dr. Suet-Ting Lau Best Paper Award in Cardiac Rehabilitation. Each award winner will be given a certificate and cash prize of HK\$1,000.
2. Best Poster Award with a cash prize of HK\$1,000 and a certificate will be awarded to the top poster. A poster presentation session will be arranged during the Conference.



## Preliminary Programme

### 26 November 2022 (Saturday)

Morning	<b>Cardiovascular Risk Factors Symposium I</b> <ul style="list-style-type: none"> <li>• Dosing strategy of non-vitamin K antagonist oral anticoagulants</li> </ul>	Oral Abstract Presentation
	Break / Exhibition / e-Poster Presentation	
	<b>Hong Kong Heart Foundation Symposium</b> <ul style="list-style-type: none"> <li>• Cardiac rehabilitation around the world during COVID pandemic</li> </ul>	Best Abstract Presentation
Afternoon	<b>Lunchtime Coronary Ischaemia Symposium</b>	Lunch Break / Exhibition / e-Poster Presentation
	<b>Opening Ceremony</b>	
	<b>Heart Failure Symposium I</b> <ul style="list-style-type: none"> <li>• New clinical insights for improving heart failure management</li> </ul>	<b>Workshop for Allied Healthcare Professionals Challenges In Risk Factors Management: Case Sharing</b> <ul style="list-style-type: none"> <li>• Changes in diet pattern and obesity management during the pandemic</li> <li>• Psychological approach in managing stress and anxiety</li> <li>• smoking session program</li> </ul>
	Break / Exhibition / e-Poster Presentation	
	<b>Cardiovascular Risk Factors Symposium II</b> <ul style="list-style-type: none"> <li>• Roadmap to lipid control in high- and very high-risk patients</li> </ul>	<b>Workshop for Allied Healthcare Professionals Exercise Prescription in Cardiac Rehabilitation</b> <ul style="list-style-type: none"> <li>• Aerobic and HIIT training</li> <li>• ROM and resistance training</li> <li>• Post COVID recovery patients and other specific populations</li> </ul>

Program is subject to change without prior notice.

## 27 November 2022 (Sunday)

Morning	<b>Heart Failure Symposium II</b> <ul style="list-style-type: none"><li>• Comprehensive protection of SGLT2 inhibitors in heart failure: evidence and experience</li><li>• What is beyond the treatment of hyponatremia in heart failure?</li></ul>	<b>International Council of Cardiovascular Prevention and Rehabilitation @ APCCRC</b> <ul style="list-style-type: none"><li>• Barriers and facilitators in cardiac rehabilitation education</li><li>• Exercise testing and training in pulmonary hypertension</li><li>• Using data to improve quality and reach of cardiac rehabilitation: health system redesign</li></ul>	<b>Physician Workshop in Hyperlipidaemia</b>
	Break / Exhibition / e-Poster Presentation	<b>Public Lecture</b>	Break / Exhibition / e-Poster Presentation
	<b>Long COVID and Cardiac Rehabilitation Symposium</b> <ul style="list-style-type: none"><li>• Role of cardiac rehabilitation in long COVID care: Samitivej experience and workflow</li><li>• The role of “beyond hospital-based cardiac rehabilitation” during and after COVID pandemic</li><li>• Integrated cardiopulmonary rehabilitation program for post-COVID survivors</li><li>• Cardiac considerations for return to sports and exercise after COVID-19</li></ul>		<b>Physician Workshop in Heart Failure</b>
Afternoon	Lunch Break / Exhibition / e-Poster Presentation		
	<b>Cardiac Rehabilitation for Special Population Symposium</b> <ul style="list-style-type: none"><li>• Exercise-based cardiac rehabilitation for adults after heart valve surgery</li><li>• Cardiovascular diseases and sarcopenia</li><li>• Role of cardiac rehabilitation in sudden death prevention</li></ul>	<b>Workshop for Allied Healthcare Professionals Patient Care Model Sharing</b> <ul style="list-style-type: none"><li>• Culturally competent care delivery</li><li>• Post heart transplantation and cardiac surgery</li><li>• Home-based cardiac tele-rehabilitation</li></ul>	<b>Singapore Heart Foundation @ APCCRC</b>
	Break / Exhibition / e-Poster Presentation		
	<b>Exercise Symposium</b> <ul style="list-style-type: none"><li>• Exercise prescription for cardiac patients</li><li>• Guidelines for physical activity in different population-the Singapore experience</li><li>• Cancer, cardiovascular diseases and daily physical activity</li></ul>	<b>Workshop for Allied Healthcare Professionals Update In Clinical Research</b> <ul style="list-style-type: none"><li>• Lessons learned on the cardiac rehabilitation trials</li><li>• Is a better night's sleep give you a healthier heart?</li><li>• Utility of AI in prediction of myocardial event</li></ul>	<b>Chinese Association of Rehabilitative Medicine @ APCCRC</b>  <b>Japanese Association of Cardiac Rehabilitation @ APCCRC</b> <ul style="list-style-type: none"><li>• Cardiac rehabilitation before and after COVID-19 in Japan</li><li>• Seamless cardiac rehabilitation supported by the community</li></ul>
	<b>Closing Remarks</b>		

Program is subject to change without prior notice.



## International Faculty

**Dr. Ssu-Yuan Chen** *Fu Jen Catholic University Hospital, Chinese Taipei*

**Dr. Lucky R Cuenza** *Cardiology Adult Cardiac Rehabilitation/ Interventional, Philippines*

**Prof. Yoshihiro Fukumoto** *The Japanese Association of Cardiac Rehabilitation, Japan*

**Prof. Sherry Grace** *York University, Canada*

**Prof. Lan Guo** *Guangdong Cardiovascular Institute, Provincial People's Hospital, China*

**Dr. Visal Kantaratanakul** *Samitivej Srinakarin Hospital, Thailand*

**Prof. Jong-Yong Lee** *Kangbuk Samsung Hospital, Korea*

**Dr. Mohamad Yatim Saari** *Hospital Serdang, Malaysia*

**Dr. Swee-Yaw Tan** *National Heart Centre, Singapore*

**Dr. Farzaneh Torkan** *Shefa Research Center, Iran*

**Dr. Tee-Joo Yeo** *National University Heart Centre, Singapore*

*The list is arranged in surname alphabetical order and updated as of 9 September 2022.*

*The list is subject to change without prior notice.*



## Registration

**To celebrate the 30<sup>th</sup> Anniversary of the Hong Kong College of Cardiology, the registration for APCCRC 2022 is FREE.**

The Conference will be held in hybrid format. Local delegates are welcomed to join us physically at the Hong Kong Convention and Exhibition Centre while overseas delegates can join us remotely via a virtual platform with real time Q&A. You can select the format of your participation during registration. Physical seats are limited and based on first-come-first-served basis.

Registration is now open! Please register ONLINE for FREE via the Conference website.





## Supporting Organizations



*The list is updated as of 15 September 2022.*



## Conference Information

### Accreditation (CME/CNE/CPD)

Accreditation will be applied and announced on the Conference website.

### Certificate of Attendance

A Certificate of Attendance will be issued to all participants by email after the Conference.

### Official Language

The official language of the Conference is English.



## Contact Us

### APCCRC 2022 Conference Secretariat

c/o International Conference Consultants Ltd

Office Address: Unit C-D, 17/F, Max Share Centre, 373 King's Road, North Point, Hong Kong

Tel: (852) 2559 9973 Fax: (852) 2547 9528 Email: [info@apccrc.com](mailto:info@apccrc.com)